



JOB POSTING FOR YOUTH & FAMILY THERAPISTS

Do you want to truly make a difference in a growing, innovative and revolutionary mental health organization that is a centre of excellence in people-centered care? Here you will work with supportive colleagues who are passionate about improving lives and champion quality and continuous learning.

Many dynamic improvements are taking place in youth mental health and our experienced interdisciplinary team of professionals are leading the way after decades of experiencing what does NOT work in counselling, hospitals, social service agencies - especially for transitional youth and their families.

We're excited to announce that we're proceeding with a new model of care that significantly allows therapists to do their best work, avoid burnout and help our clients with a holistic approach, helping them physically, emotionally and spiritually. Fan/Joy is revolutionizing how mental health services are delivered using our innovative Fan/Joy Junior Chef model of Culinary Therapy and a series of Life Skills Training Programs suitable for all stages of development. As a team member, you'll have many opportunities to assist people making significant change in their lives, one plate at a time!

You will be supported by a caring and innovative management team that embraces your creativity and you'll have highly skilled colleagues from all disciplines with a range of experience and expertise in youth and family therapy treatment approaches. We'll be doing leading edge research through our Pre and Post-Treatment Outcomes studies during 2021/2022 with Wilfrid Laurier University, and guiding all program development based on existing and new evidence.

As part of our clinical team, you will be an integral part of a collaborative, inter-disciplinary team approach that is highly focused on delivering seamless services and programs to our clients. We also strive for excellence serving our other stream of customers who support our therapeutic programs by buying our Gourmet to Go meals at Fan/Joy. If you are looking for a company that is constantly moving forward in pursuit of creative solutions for the here and now and stop only when they achieve successful outcomes, get ready to love it here!

Our therapists provide group and individual assessment and treatment for individuals to help them build resiliency while also tackling a wide variety of mental health concerns including depression, anxiety, eating disorders, ADD-H and emerging disorders during adolescence that may not yet be diagnosed. Counsellors are involved in all aspects of the intake, assessment, treatment, and aftercare planning to support clients in a lifelong process that places their overall well being at the core of the likelihood of their success at school, home, work, post secondary studies and in their communities.

You will facilitate psycho-educational sessions as well as therapeutic groups for teens and/or parents struggling with mood disorders, eating disorders, concurrent disorders, trauma issues particular exacerbated by the current pandemic and isolation and a variety of learning exceptions or communication challenges such as Autism Spectrum Disorder or FAS. Competence in best-practice treatment modalities, including, Motivational Interviewing, and Cognitive-Behavioural Therapy, is required. This work necessitates the ability to practice the controlled act of psychotherapy and as such requires registration in a regulatory college.

JOB RESPONSIBILITIES:

- Provide counselling to support the individual and family goals and needs to strengthen their physical, mental and spiritual health
- * Develop and presents psycho-educational and psycho-dynamic sessions to youth and/or parents in individual or group formats

- train, orient and provide a rich learning experience using mentorship model with our volunteers, other junior staff and students by supervising college or university students
- Facilitates group counselling sessions including as a co-therapist
- Demonstrate strong collaborative, interest based skills as you liaises with referral sources, community partners, stakeholders and various other relevant community supports for the company's advancement
- * Demonstrate a commitment to sustainability and our SDG goals with a positive attitude towards constant improvement and learning
- Deliver hands on cooking lessons in our commercial kitchen (and restaurant or cafes where available), whisking in the Fan/Joy Junior Chef Therapy model to build core competencies, strengthen overall resiliency and provide milieu treatment based on best practices that deliver clients centered treatment plans that infuse a family systems approach.
- * Kitchen sessions can take place with a team approach for therapeutic groups (a cook & CYW or MSW) or one on one with your clients and require proficiency in operating and maintaining restaurant equipment with training available during your orientation as needed
- Supports clients' goal setting and future planning needs through referral to appropriate community resources as needed
- Assists clients in coordinating alternative outpatient counselling and/or follow-up as needed

What we're looking for:

- Bachelor's or Master's degree in Social Work, Psychology or other related field with a minimum 3 years clinical experience preferred
- Must be a member in good standing with the relevant regulatory college/governing body in Ontario or in pursuit of relevant credential
- Experience in developing new evidence based groups, applying pre and post interviews and managing group norms and stages
 - proven ability to effectively deliver individual counselling
 - strong phone, oral or written communications that allow for exceptional customer service delivery
- Experience collaboratively coordinating client care with other service providers and strong case management skills within interdisciplinary teams

- Ability to work independently; skills in presenting to groups; ability to work within an interdisciplinary team; excellent time management and organizational skills

POSITION: Part-Time with opportunity to become FT

SALARY: \$18-\$25/hr **START DATE:** March 2021

Employment Equity & Closing Statement

Fan/Joy is committed to ensuring that its teams reflect the diversity of our community and welcomes applications from all qualified individuals. In accordance with the various provincial legislations that we operate under, Fan/Joy is committed to working in collaboration with any team member who may require workplace accommodation in order to successfully perform any or all aspects of their role. We are an inclusive workplace that is LGBTQ owned and operated and also welcome LGBTQ applicants. This is not your ordinary work space so be willing to show up, buckle up and be a part of the adventure we are on to truly help our community youth and families live healthier, more productive and fulfilling lives. We walk the walk here, not just talk the talk.

Please send resume with cover letter to pam@chefpamfanjoy.com .

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